

# INFIELDER AND OUTFIELDER SCHEDULE:

## Day 1: Tuesday 3/5 – 2:45 – 4:30 – Main Gym

<b>Primary Infielders</b>	<b>Primary Outfielders</b>
Bates, Webb, Weber, Allen, Beatty, Bloom, Mannino, Ravkin, T. Young, Lampono, Rossi, Ruddell, Bliss, Bound, Caputo, Irving, Kuhns, Moody, O'Conner, Perillo, B.Young	Pello, Carbonara, Duffy, Hiller, Zortea, Bitsko, Mandes, Sacco, Shah, Wieggers, Wolk, Chuck, DeMichael, E. Guenard, Lenahan, Masterson, Perillo

**2:45 – 3:00 – Introduction of Coaches, Explanation of Day 1**

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**3:00 – 3:10 – Warm Up**

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**3:10 – 3:45 – Outfielder Hitting Evaluations**

<b>Outfield Hitting Group 1 - Tunnel</b>	<b>Outfield Group 2 – Tee Work</b>
Pello, Carbonara, Duffy, Hiller, Zortea, Bitsko, Mandes, Sacco, Shah	Wieggers, Wolk, Chuck, DeMichael, Guenard, Lenahan, Masterson, Perillo
Hitting Evaluations in Tunnel	Tee Work into drop down screen
These two groups will switch after Group 1 is evaluated.	

**Infield Defensive Drill Work and Evaluations**

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**3:45 – 4:20 – Infielder Hitting Evaluations**

<b>Infield Hitting Group 1 - Tunnel</b>	<b>Infield Hitting Group 2 – Tee Work</b>
Bates, Webb, Weber, Allen, Beatty, Bloom, Mannino, Ravkin, T.Young, Lampono, Rossi	Ruddell, Bliss, Bound, Caputo, Irving, Kuhns, Moody, O'Conner, Perillo, B.Young
Hitting Evaluations in Tunnel	Tee Work into drop down screen
These groups will switch after Group 1 is evaluated.	

**Outfield Defensive Work and Evaluations**

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**4:20 – 4:30 – Clean Up – Meet in Lobby**

# PITCHERS AND CATCHERS SCHEDULE:

## Day 1: Tuesday 3/5 – 2:45 – 4:30 – Main Gym

Primary Pitchers	Primary Catchers
Chitjian, Yermolov, Doheny, Morrison, Weiss, Williamson, Embry, Glauber, Hamilton, Marshall, Stewart, Boyle, McGrady, Weaver	Quillen, Nugent, Whinney, Carter, Roche

### 2:50 – 3:10 – Warm Up

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### 3:10 – 4:20 – Bullpens

Schedule Bullpen Time	Pitcher	Catcher
3:10	Chitjian	Quillen
3:10	Yermolov	Nugent
3:20	Doheny	Quillen
3:20	Morrison	Nugent
3:30	Weiss	Quillen
3:30	Williamson	Nugent
3:40	Embry	Whinney
3:40	Glauber	Carter
3:50	Hamilton	Whinney
3:50	Marshall	Carter
4:00	Stewart	Whinney
4:00	Boyle	Roche
4:10	McGrady	Carter
4:10	Weaver	Roche

**PITCHERS: It is YOUR JOB to be mound and evaluation ready at your assigned time. Please note that we may run ahead or behind schedule. Pay Attention.**

**Catchers that should hit before catching pens – Whinney, Carter, Roche**

**Catchers that should hit after catching pens – Quillen, Nugent**

**Pitchers that Should hit before throwing Pen – Hamilton, Marshall, Stewart, Boyle, McGrady, Weaver**

**Pitchers hitting after throwing Pen – Doheny, Morrison, Weiss, Williamson, Glauber**

**4:20 – 4:30 – Clean Up – Meet in Lobby**